

Elnaz Daneshzad



Contact

Address:

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Languages

Persian – English – Turkish

H-index in SCOPUS: 26

H-index in Google Scholar: 30

Up to date: 5/28/2025

Summary

Ph.D. in Nutrition, Faculty Member.

Assistant Professor in Nutrition in Alborz University of Medical Sciences

Research assistant in Non-Communicable Diseases Research Center in ABZUMS

Experienced diet therapy and epidemiology in Nutrition.

Strong background in mentoring junior students.

Experience

- Dietitian in Health Net Office, Iran - 2013 to 2015 (2years and 4 months)
- Translation of the Modern in Nutrition, and Functional foods in Farsi/Persian (Reference books in Nutrition)
- ELIZA test
- Running Meta-analysis in Nutrition
- Running different workshops in Nutrition
- Executive member in PENSA congress, 2015, Iran, Tehran
- Executive member in International Nutrition congress, 2015, Iran, Tehran
- Editor in Frontiers and peer-reviewer in many journals

Education

B.S in Nutrition from Isfahan University of Medical Science, Iran
MSc in Nutrition from Tehran University of Medical Science, Iran
Ph.D. in Nutrition from Tehran University of Medical Science, Iran

Awards

1. Research National reward, Mazandaran, Iran, 2024
2. Rooyesh National Award, Iran, 2023
3. Best Ideas Award in Alborz University of Medical Sciences, Iran 2023
4. Research National Award, Iran, 2019
5. Researchers Award in Tehran University of Medical Sciences, Iran, 2019
6. Third grade in Nutrition Board Exam in Ph.D.
7. Second grade for award of the best Scientific Journal in Isfahan University of Medical Sciences, 2011

Papers and Congress

More than 95 published paper.

<https://www.scopus.com/authid/detail.uri?authorId=57190735830>

https://isid.research.ac.ir/Elnaz_Daneshzad